



## Live Well San Diego Top 10 Indicators October 2014



HEALTH



KNOWLEDGE



STANDARD OF  
LIVING



COMMUNITY



SOCIAL

Indicator	Measure	We want to increase this ↑ We want to decrease this ↓	San Diego	California	United States
			Current Year	Current Year	Current Year
HEALTH - Enjoying good health and expecting to live a full life					
<a href="#">Life Expectancy</a>	Measure of years of length and duration of life expected at birth	↑	81.6 (2011)	80.8 (2011)	78.7 (2011)
<a href="#">Quality of Life</a>	Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions)	↑	94.6% (2012)	94.5% (2012)	94.2% (2012)
KNOWLEDGE - Learning throughout the lifespan					
<a href="#">Education: High School Diploma or Equivalent</a>	Percent of population with at least a High School Diploma or equivalent	↑	84.6% (2012)	81.5% (2012)	86.4% (2012)
STANDARD OF LIVING - Having enough resources for a quality life					
<a href="#">Unemployment Rate</a>	Percent of the total labor force that is unemployed (actively seeking employment and willing to work)	↓	9.9% (2012)	11.4% (2012)	9.4% (2012)
<a href="#">Income: Spending Less Than 1/3 of Income on Housing</a>	Percent of population spending less than 1/3 of household income on housing	↑	49.0% (2012)	51.7% (2012)	61.9% (2012)
COMMUNITY - Living in a clean and safe neighborhood					
<a href="#">Security: Crime Rate</a>	Number of crimes per 100,000 people (all crimes, including violent and property)	↓	2,570.5 (2012)	3,181.8 (2012)	3,246.1 (2012)
<a href="#">Physical Environment: Air Quality</a>	Percent of days that air quality was rated as unhealthy ( <i>No new data</i> )	↓	6.8% (2010)	12.5% (2010)	3.5% (2010)
<a href="#">Built Environment: Distance To Park</a>	Percent of population living within a half mile of a park ( <i>No new data</i> )	↑	50.0% (2010)	58.0% (2010)	36.8% (2010)
SOCIAL - Helping each other to live well					
<a href="#">Vulnerable Populations: Food Insecurity</a>	Percent of population with income of 200 percent of poverty or less, who have experienced food insecurity	↓	40.7% (2011-2012)	41.7% (2011-2012)	N/A
<a href="#">Community Involvement: Volunteerism</a>	Percent of population who volunteer	↑	31.2% (2012)	25.2% (2012)	26.5% (2012)

Note: The most current local data, that has state and national comparison data, is reported. N/A means data is Not Available.

October 2014



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10 Indicators Dashboard

Indicator	Indicator Data Trend	Description & Source												
<b>HEALTH - Enjoying good health and expecting to live a full life</b>														
<b>Life Expectancy:</b> <b>Measure of Length</b> <b>and Duration of Life</b> <b>Expected at Birth</b>	<p><b>Life Expectancy:</b>  <b>Average Years a Baby Born</b>  <b>Today Is Expected to Live</b>  We want to increase this ↑</p> <table border="1"> <thead> <tr> <th></th> <th>2010</th> <th>2011</th> </tr> </thead> <tbody> <tr> <td>San Diego</td> <td>81.5</td> <td>81.6</td> </tr> <tr> <td>California</td> <td>80.8</td> <td>80.8</td> </tr> <tr> <td>United States</td> <td>78.7</td> <td>78.7</td> </tr> </tbody> </table>		2010	2011	San Diego	81.5	81.6	California	80.8	80.8	United States	78.7	78.7	<p>Expected number of years a person will live as determined by the mortality rate. Life expectancy at birth is the average number of years a baby born today is expected to live if current mortality patterns continue throughout his or her lifetime. A widely used indicator of the health of a population, life expectancy reflects the overall mortality of a population and measures quantity rather than quality of life.</p> <p>Sources: US and state data from The United States Centers for Disease Control and Prevention. Mortality Statistics. <a href="http://www.cdc.gov/nchs/fastats/lifexpec.htm">http://www.cdc.gov/nchs/fastats/lifexpec.htm</a> for 2010 and 2011. County data prepared by County of San Diego, Health &amp; Human Services Agency, Public Health Services, Epidemiology &amp; Immunization Services Branch, 12/2012 and 6/2014. Accessed online 7/2014.</p>
	2010	2011												
San Diego	81.5	81.6												
California	80.8	80.8												
United States	78.7	78.7												



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10 Indicators Dashboard

Indicator	Indicator Data Trend	Description & Source												
<b>HEALTH - Enjoying good health and expecting to live a full life</b>														
<b>Quality of Life: Ability to Live Independently</b>	<p><b>Quality of Life Population Sufficiently Healthy to Live Independently</b></p> <p>We want to increase this ↑</p> <table border="1"> <thead> <tr> <th></th><th>2011</th><th>2012</th></tr> </thead> <tbody> <tr> <td>San Diego</td><td>95.3%</td><td>94.6%</td></tr> <tr> <td>California</td><td>94.7%</td><td>94.5%</td></tr> <tr> <td>United States</td><td>94.2%</td><td>94.2%</td></tr> </tbody> </table>		2011	2012	San Diego	95.3%	94.6%	California	94.7%	94.5%	United States	94.2%	94.2%	<p>Percent of population that is sufficiently healthy to be able to live independently (not including those who reside in nursing homes or other institutions). There is substantial research under way to measure quality of life in terms of health, including measures that adjust for disability or other factors assumed to affect quality of life. However, there is no consensus currently on the best measure. Until such time as a definitive measure is identified, this measure of sufficient health to be able to live independently will be used to track quality of life. This measure captures the percentage of the adult population that do not have health issues that prevent them from living independently. The measure is based on self-reporting of ability to carry out Activities of Daily Living (ADL). The adult population included are not living in nursing homes, hospitals, mental health facilities, jails or other institutions.</p> <p>Source: American Community Survey (ACS) 2011 and 2012 1-yr estimates, tables S1810 for those with independent living difficulty. Accessed online 08/2014.</p>
	2011	2012												
San Diego	95.3%	94.6%												
California	94.7%	94.5%												
United States	94.2%	94.2%												



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KNOWLEDGE - Learning throughout the lifespan														
Education: High School Diploma or Equivalent	<p><b>Education: Population Ages 25 and Over with a High School Diploma or Equivalent</b></p> <p>We want to increase this ↑</p> <table border="1"> <thead> <tr> <th></th><th>2011</th><th>2012</th></tr> </thead> <tbody> <tr> <td>San Diego</td><td>84.3%</td><td>84.6%</td></tr> <tr> <td>California</td><td>81.1%</td><td>81.5%</td></tr> <tr> <td>United States</td><td>85.9%</td><td>86.4%</td></tr> </tbody> </table>		2011	2012	San Diego	84.3%	84.6%	California	81.1%	81.5%	United States	85.9%	86.4%	<p>Among the 25 years and over percent of population; this includes everyone with at least a high school diploma or equivalent.</p> <p><i>The U.S. Department of Health &amp; Human Services Healthy People 2020 has adopted targets for similar measures related to the achievement of a high school diploma or equivalent, however due to differences in methodology the targets are not applicable to the Live Well San Diego Education Indicator.</i></p> <p>Sources: County data from pivot tables; National and State data from American Community Survey (ACS) query data 1 yr. estimates Table S1501, 2011 and 2012. Accessed online 08/2014.</p>
	2011	2012												
San Diego	84.3%	84.6%												
California	81.1%	81.5%												
United States	85.9%	86.4%												



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Indicator	Indicator Data Trend	Description & Source												
<b>STANDARD OF LIVING - Having enough resources for a quality life</b>														
<b>Unemployment Rate:</b> <b>Percent of the Total Labor Force that is Unemployed</b>	<p><b>Unemployment Rate: Population Unemployed Ages 16 and Over</b></p> <p>We want to decrease this ↓</p> <table border="1"> <thead> <tr> <th></th><th>2011</th><th>2012</th></tr> </thead> <tbody> <tr> <td>San Diego</td><td>9.1%</td><td>9.9%</td></tr> <tr> <td>California</td><td>10.1%</td><td>11.4%</td></tr> <tr> <td>United States</td><td>8.7%</td><td>9.4%</td></tr> </tbody> </table>		2011	2012	San Diego	9.1%	9.9%	California	10.1%	11.4%	United States	8.7%	9.4%	<p>Unemployment is defined as those members of the total labor force, ages 16 and over, that do not have a job, are available and willing to work, and are actively seeking employment.</p> <p>More current local unemployment data is available but may not have State or National comparison data, or is subject to being adjusted over time. Even though there is about a 2-yr lag time American Community Survey data is updated annually, includes comparison data and will not be adjusted over time.</p> <p><i>The County Health Rankings &amp; Roadmaps, produced by the Robert Wood Johnson Foundation, establishes a similar measure, a national benchmark of 4.4% for the percent of population age 16+ unemployed but seeking work. This national benchmark is based on the top US performers at the 90th percentile (only 10% are better).</i></p> <p>Source: American Community Survey (ACS) 2011 and 2012 5-yr estimates for County; 1-yr estimates for State and nation. Table S2301. Accessed online 08/2014.</p>
	2011	2012												
San Diego	9.1%	9.9%												
California	10.1%	11.4%												
United States	8.7%	9.4%												



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<b>STANDARD OF LIVING - Having enough resources for a quality life</b>														
<b>Income: Spending Less Than 1/3 of Income on Housing</b>	<p><b>Income: Population Spending Less Than 1/3 of Income on Housing</b> We want to increase this ↑</p> <table border="1"> <thead> <tr> <th></th><th>2011</th><th>2012</th></tr> </thead> <tbody> <tr> <td>San Diego</td><td>48.9%</td><td>49.0%</td></tr> <tr> <td>California</td><td>50.2%</td><td>51.7%</td></tr> <tr> <td>United States</td><td>60.2%</td><td>61.9%</td></tr> </tbody> </table>		2011	2012	San Diego	48.9%	49.0%	California	50.2%	51.7%	United States	60.2%	61.9%	<p>Percent of population spending less than a third of household income on housing. This is considered the acceptable housing cost threshold used by many government agencies.</p> <p><i>The U.S. Department of Health &amp; Human Services Healthy People 2020 is in the process of developing an indicator that tracks the proportion of households that spend more than 30% of income on housing.</i></p> <p>Source: American Community Survey (ACS) 2011 and 2012, 5 and 1-yr estimates. Table S2503 breakdown by income using those 29 percent and less on income on housing. Accessed online 08/2014.</p>
	2011	2012												
San Diego	48.9%	49.0%												
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COMMUNITY - Living in a clean and safe neighborhood														
Security: Crime Rate	<p><b>Security: Crime Rate</b> <b>Number of Crimes</b> <b>Including Property and Violent</b> <b>We want to decrease this</b> ↓</p> <table border="1"> <thead> <tr> <th></th><th>2011</th><th>2012</th></tr> </thead> <tbody> <tr> <td>San Diego</td><td>2,430.3</td><td>2,570.5</td></tr> <tr> <td>California</td><td>2,994.9</td><td>3,181.8</td></tr> <tr> <td>United States</td><td>3,295.0</td><td>3,246.1</td></tr> </tbody> </table>		2011	2012	San Diego	2,430.3	2,570.5	California	2,994.9	3,181.8	United States	3,295.0	3,246.1	<p>Number of crimes per 100,000 people, reported to law enforcement. All crimes are included-violent and property crimes. The data presented in the FBI's <i>Crime in the United States</i> report requires that only the most serious offense in a multiple-offense criminal incident be counted. In descending order of severity, the violent crimes are murder and non-negligent manslaughter, forcible rape, robbery, and aggravated assault, followed by the property crimes of burglary, larceny-theft, and motor vehicle theft. Although arson is also a property crime, it is not included in the crime rate.</p> <p>More current, local crime statistics are available however this data is not yet included in the FBI Criminal Justice Information Services data base due to the lag time in collecting data.</p> <p>Source: US Department of Justice-Federal Bureau of Investigation's <i>Uniform Crime Reports 2011 and 2012</i> . <a href="http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011">http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2011/crime-in-the-u.s.-2011</a>.  <a href="http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2012/crime-in-the-u.s.-2012">http://www.fbi.gov/about-us/cjis/ucr/crime-in-the-u.s/2012/crime-in-the-u.s.-2012</a> Accessed online 08/2014.</p>
	2011	2012												
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COMMUNITY - Living in a clean and safe neighborhood										
Physical Environment: Air Quality	<p><b>Physical Environment: Air Quality</b> <b>Days Air Quality Was Rated Unhealthy</b> We want to decrease this ↓</p> <table><thead><tr><th>Location</th><th>Percent of Days</th></tr></thead><tbody><tr><td>San Diego</td><td>6.80%</td></tr><tr><td>California</td><td>12.5%</td></tr><tr><td>United States</td><td>3.5%</td></tr></tbody></table> <p>2010</p> <p>■ San Diego ■ California ■ United States</p>	Location	Percent of Days	San Diego	6.80%	California	12.5%	United States	3.5%	<p>Percent of days that air quality was rated as unhealthy for sensitive populations due to ozone and fine particulate matter (FPM, &lt;2.5 um in diameter). This is a 3-yr average percent of days (2008-2010) with Air Quality Index value greater than 100 in the San Diego Air Basin. Most current air quality data is from 2010.</p> <p>Source: <i>Number of Days with Air Quality Index Values Greater than 100 at Trend Sites</i>. 2010 Environmental Protection Agency. <a href="http://www.epa.gov/airtrends/aqtrends.html">http://www.epa.gov/airtrends/aqtrends.html</a>. Accessed online 07/17/2013.</p>
	Location	Percent of Days								
San Diego	6.80%									
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COMMUNITY - Living in a clean and safe neighborhood										
Built Environment: Distance to Park	<p><b>Built Environment: Population Living Within Half Mile of a Park</b></p> <p>We want to increase this ↑</p> <table><tr><th>Location</th><th>Percent of Population</th></tr><tr><td>San Diego</td><td>50.0%</td></tr><tr><td>California</td><td>58.0%</td></tr><tr><td>United States</td><td>36.8%</td></tr></table> <p>2010</p> <p>■ San Diego ■ California ■ United States</p>	Location	Percent of Population	San Diego	50.0%	California	58.0%	United States	36.8%	<p>Percent of population living within a half mile of a park (about a ten-minute walk). Access to parks can influence choices to engage in physical activity and community involvement, resulting in positive health impacts. Most current distance to park data is from 2010.</p> <p>Source: Centers for Disease Control and Prevention. Healthy Community Design Initiative and Geospatial Research Analysis and Services Program. Accessed from Environmental Public Health Tracking Network 2010. <a href="http://www.cdc.gov/ephtracking">http://www.cdc.gov/ephtracking</a>. Accessed online 07/24/2013.</p>
Location	Percent of Population									
San Diego	50.0%									
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SOCIAL - Helping each other to live well														
Vulnerable Populations: Food Insecurity	<p><b>Vulnerable Populations: Food Insecurity</b>  <b>Low-Income Population Who Have Experienced Food Insecurity</b>  We want to decrease this ↓</p> <table border="1"> <thead> <tr> <th></th> <th>2009</th> <th>2011-2012</th> </tr> </thead> <tbody> <tr> <td>San Diego</td> <td>35.1%</td> <td>40.7%</td> </tr> <tr> <td>California</td> <td>40.4%</td> <td>41.7%</td> </tr> <tr> <td>United States</td> <td>N/A</td> <td>N/A</td> </tr> </tbody> </table>		2009	2011-2012	San Diego	35.1%	40.7%	California	40.4%	41.7%	United States	N/A	N/A	<p>Percent of population who have experienced food insecurity. Based on a survey of individuals with income of 200 percent of poverty or less who answered affirmatively to at least one of six questions that reflect an inability to purchase enough food to meet individual or family needs. There is no comparable national data available.</p> <p><i>The U.S. Department of Health &amp; Human Services Healthy People 2020 has adopted a target for a similar measure based on the proportion of US households classified as food insecure over a 12-mo period, however due to differences in methodology the target is not applicable to the Live Well San Diego Food Insecurity Indicator.</i></p> <p>California Health Interview Survey, 2009 and 2011-2012. Accessed on 8/2014.</p>
	2009	2011-2012												
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SOCIAL - Helping each other to live well														
Community Involvement: Volunteerism	<p><b>Community Involvement: Volunteerism</b> <b>Population Who Volunteer</b> We want to increase this ↑</p> <table border="1"> <thead> <tr> <th></th><th>2011</th><th>2012</th></tr> </thead> <tbody> <tr> <td>San Diego</td><td>31.1%</td><td>31.2%</td></tr> <tr> <td>California</td><td>25.7%</td><td>25.2%</td></tr> <tr> <td>United States</td><td>26.8%</td><td>26.5%</td></tr> </tbody> </table>		2011	2012	San Diego	31.1%	31.2%	California	25.7%	25.2%	United States	26.8%	26.5%	<p>Percent of population who volunteer. Volunteers are considered individuals who performed unpaid volunteer activities through or for an organization at any point during the 12-month survey period.</p> <p>Source: Corporation for National and Community Service, <i>Volunteering and Civic Life in America 2012</i>, (data from 2011 and 2012). <a href="http://www.volunteeringinamerica.gov/">http://www.volunteeringinamerica.gov/</a>. Accessed online 08/2014.</p>
	2011	2012												
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